

# WHAT OUR CHARITIES TELL US



Nourishing Our Country

The overwhelming feedback from our charities is that this is the toughest they have ever seen it. Consistent insights include:

- Parents don't send kids to school because they cannot afford food for lunch boxes
- People are ashamed and don't want to be seen lining up for food, so wait until charities close before asking for help
- Many families are barely surviving
- The struggle is real and many people say things get harder every week

In the last six months...



**75%** report an increase in demand



**30%** of people need help for the first time

Charities are doing their best, feeding

# 57%

more people each month



They cannot feed everyone

# 67%

of our charities are unable to meet current demand

On average

# 30,000+

people are sadly turned away each month (many more don't even ask for help)

“

We have two incomes and still can't afford to put food on the table – what is going on with this world?

”



# 1,500

charities supported

# 848

on the waitlist to receive food



"I just can't afford life"

# PEOPLE ARE DESPERATE



“  
The food provides a moment of respite in the face of adversity.  
”

“  
We have to choose whether to pay the rent or eat, we can't afford both.  
”

## RENT FIRST, FOOD SECOND

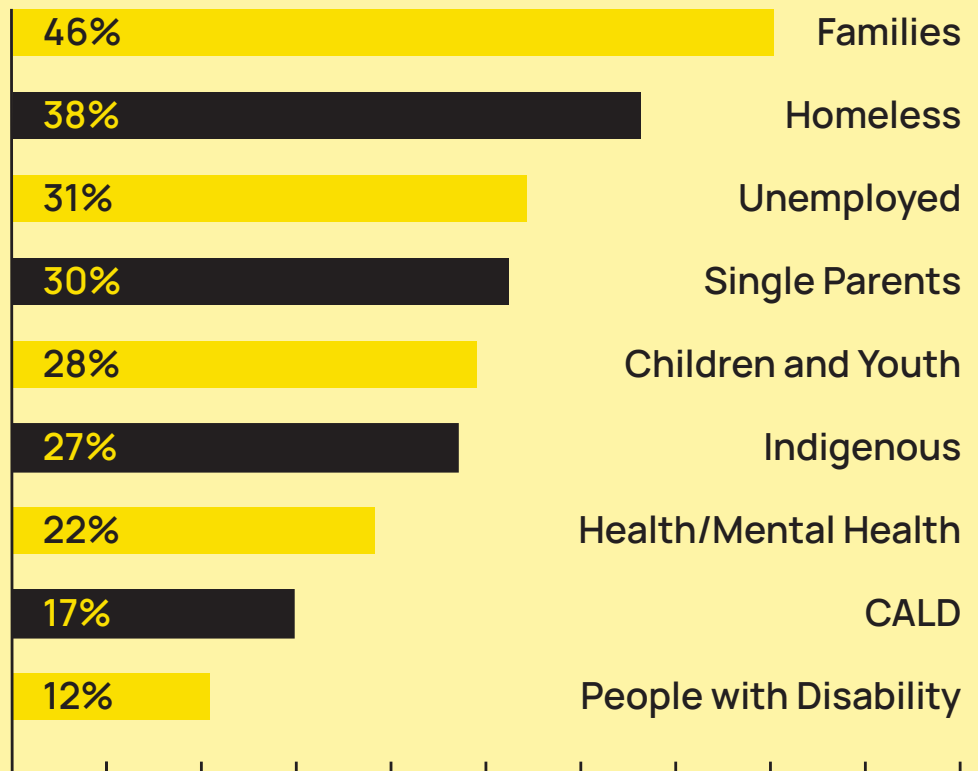
Housing affordability and grocery prices are the clear drivers of food insecurity.



Families can't make ends meet

## WHO DO WE SUPPORT?

Families are consistently the biggest group who need help. Charities report seeing more people that are homeless, now forced to live in cars, tents and hotels due to cost of living.



These insights are taken from OzHarvest's Community Needs survey – completed by our partner charities that help feed those who need it most.

Over 700 responses were received to help illustrate the extent of food insecurity in Australia.

For more information please contact [partnerships@ozharvest.org](mailto:partnerships@ozharvest.org)